

Standard Operating Procedure – Best practice advice relating to specialised cleaning tasks – spillages of bodily fluids

Title: Specialised Cleaning – Spillages of Bodily Fluids		
Security Level: Public		Risk: High
SOP Author/Owner Safeguarding Lead	Heather Green	Effective Date: 03.06.25

1. Purpose

To safely and effectively clean blood and body substance spills.

Blood and body substance spills include:

Blood

Urine

Faeces

Vomit

2. Required Standard

- Contamination by blood or other body substance spills is reduced
- Blood and body substance spills are contained immediately or as practicable by member
- Blood and body substance spills are cleaned immediately or as practicable by member
- Small spills (up to 10 cm) are wiped up with absorbent material (e.g. paper towels/ wipes) and cleaned immediately or as soon as practical by member (see process below)
- Larger spills are first contained and confined with absorbent material, followed by cleaning as soon as practical by member (see process below)
- The use of disinfectants in the cleaning of blood or other body substances is based on an assessment of risk of transmission of infectious agents from the spill.
- If the spill is in particularly a playing area, it is the responsibility of the member to pick up the bulk of the spill, using paper towels and disposing of it into waste bin and clean the area utilising spill wipe or

spill kit (which contains a waste bag) provided by BTSC (see process below).

- The cleaning staff will be asked by the Committee then to deep clean the area only after the bulk of the spill has been removed.
- If member incapacitated by injury, then opponent/witness will be required to complete these tasks on the members behalf..

3. Scope

This SOP applies to all members of BTSC

4. Before You Start

- Ventilate area, where possible
- Wash hands
- Check for cuts and abrasions – cover with waterproof dressing if required (First Aid box in the kitchen)
- Select, check and put on gloves/apron, safety goggles if required (in spill box in the kitchen)
- Prepare according to manufacturer's instruction (or as otherwise instructed), appropriate Spill Pad/ kit as required
- Place wet floor/caution signs

5. Equipment & Material Required

- Single use gloves suitable for chemical resistance and complying with the PPE Directive (89/686/ECC) are within spill kit/separate for Clinell Spill Wipe.
- Other appropriate PPE apron/safety goggles if required
- Paper towels
- Chlorine-based spill kit/spill wipe. Spills less than 350ml an appropriate spill wipe kit can be used.
- Extra waste domestic bag, so contaminated waste can be double bagged as we have no clinical waste collection service at BTSC.
- Warning signs

6. Method – for Clinell Spill Wipe, for use on all body fluid spills

- Display the warning signs.
- Wash hands and put on gloves and apron
- Tear the pack open and remove the wipe.

- The side of the pad marked A is the active side and should be placed on the spill.
- Place wipe on spill, with the patterned side facing up. Leave to absorb the spill for 30 seconds.
- Push down on the plastic backed side (B) and move around until the spill is fully absorbed.
- Place the soiled wipe back into the pack. Remove a disinfectant wipe from the sachet.
- Clean the spill in a 'S' shaped motion, from clean to dirty.
- Place the soiled wipe and empty sachet back into the pack.
- If required repeat the above two steps with the second wipe and then seal the main pack.
- Dispose of double bagged in domestic in waste stream, remove PPE and wash hands.

Other method:- Guest Medical Spill Kit

- Follow instruction on Guest Medical Spill kit (pictoral)

7. Health & Safety

- Never mix cleaning agents, as poisonous gases could result (refer to manufacturers' instructions)
- Always use a warning sign 'cleaning' in progress', position to be effective
- All equipment should be left clean, dry and tidy in storage after use.
- The Committee is to be informed when an injury has been sustained and bleeding has occurred, this should be recorded in the Accident Book to allow a 'well-being follow up call'.
- COSHH data sheet and a risk assessment has been completed and is kept with the Spill Kit.
- Following the cleaning process, member to check for any damage to the area and report to Grounds and Premises Sec Dave Murkin on 07791 066929 or Safeguarding Lead Heather Green 07851 034 666.

